









WASHING INSTRUCTIONS

- | | | | |
|---|---|---|--|
|  | The blanket must always be washed in the accompanying laundry bag |  | Reconditioning is possible at 70°C |
|  | The Somna Blanket™ can be washed at 60°C maximum – select a gentle wash cycle |  | Do not bleach |
|  | A blanket with zip may be divided before washing |  | Do not iron |
| | |  | Dry cleaning: no liquids stronger than PCE |
| | |  | Do not tumble dry |

PRODUCT INFORMATION

- | | | | |
|---|--|---|--|
|  | The Somna Blanket™ is made of flame-resistant materials.
Outer fabric: Trevira CS.
The Somna Blanket™ meets NT Fire 037 standards, which fulfils healthcare sector requirements. |  | The Somna Blanket™ is CE marked |
| | |  | Patented |
| | |  | The Somna Blanket™ is a Swedish product- Made in Stenkullen. |

WARNING

If the user has reduced heart and lung capacity, seek medical advice before using the Somna Blanket™.

Risk of tripping if left on floor.

Consult the user's doctor if they have surgically inserted devices that may be affected by the metal content.

Users with poor/weak motor function should be monitored.

INSTRUCTIONS FOR USE Somna Blanket™

Settle down with the Somna Blanket™. The chains inside the lengthwise channels shape the blanket tightly to the body's contours, giving the user a pleasant feeling of being embraced.

COMMON APPLICATION AREAS

- Neuropsychiatric diagnoses (ADHD, ADD, Asperger syndrome, autism and Tourette syndrome)
- Mental illness
- Dementia
- Acquired brain injury
- Insomnia
- Spasticity
- Neurological illnesses
- Agitation and anxiety
- Anorexia/bulimia
- Normal ageing
- Motor disturbance

MODELS

Adult blanket approx.

- 4 kg • 6 kg • 8 kg
- 10 kg • 12 kg • 14 kg

Dimensions approx. 205 x 150 cm
Dimensions approx. 202 x 140 cm

Child blanket approx.

- 3.4 kg • 5 kg

Dimensions approx. 125 x 105 cm

Baby blanket approx.

- 1.5 kg

Dimensions approx. 105 x 70 cm

ACCESSORIES

- Hygiene Cover
- Duvet Cover



The Somna Blanket™ shapes itself to the body's contours

Using the blanket

The Somna Blanket™ has a two-in-one function: one chain side and one padded side. Having the chains against the body provides greater tactile stimulation. In many cases, the more perceptible touch of the blanket has a more calming effect. Which side is against the body is down to personal choice.

Draping the blanket over the shoulders and letting it adapt to the user's body shape is nicely relaxing when resting during the daytime. For greater localized pressure, fold the blanket double.



Padded side



Chain side

The Somna Blanket™ is designed to be as cool as possible. If more warmth is required, simply combine with a regular blanket or duvet. The Somna Blanket™ can be placed either above or below the regular blanket/duvet. If using the blanket above

the regular blanket, many users describe a very soft, embracing feeling. Try different variations to see what's best for you.

The Somna Blanket™ is used as a normal duvet and placed in a duvet cover or hygiene cover.



Daytime resting